



## New puppy training session

Over the first few weeks, practice the following commands:

**Touch, Sit, go-to-mat and Down.** Remember to mark Your puppy's behaviour with "Yes" and treat her with something she really likes to eat. Today she ate Ziwi Peak Lamb and Mackeral dog food. I have included the link below.

**Loose- Leash attention walks:** Start walking Your puppy in a front pull harness (product recommendation below) instead of her existing harness. Each time Your puppy walks ahead of you and pulls, simply wait. When she turns around to look at you, say "Yes!" and reward. Make sure that you hold your leash with your right hand and walk Your puppy on your left. Keep your treat bag on your left side so that you can easily treat her.

**Recall work:** I have attached detailed presentation on how I teach recalls, of which there are many ways to do. Most importantly, make sure that you reward Your puppy when she comes. In a few weeks when you go out for walks, make sure that you do an on-leash recall at least 3-4 times.

**Housetraining:** The attached manual has a great section on housetraining that hits all of the points we talked about today.

**Crating:** Make sure that Your puppy has had a chance to go to the bathroom every time you put her in her crate. Always have a bully stick, cow hoof or Kong for her to chew. Consider adding a few interactive toys as well.

**Follow up:** Feel free to email me with any questions. I am also happy to work with your whole family on an early weekend morning.

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## **Product Recommendations:**

Crate: Use at least 3 and place in high traffic areas (kitchen, your bedroom, family room). I would also suggest buying a small bed for each.

Crate:

[https://www.amazon.com/AmazonBasics-Single-Door-Folding-Metal-Crate/dp/B018YCU2CQ/ref=sr\\_1\\_2\\_sspa?ie=UTF8&qid=1531583283&sr=8-2-spons&keywords=22%2Bx%2B30%2Bdog%2Bcrate&th=1](https://www.amazon.com/AmazonBasics-Single-Door-Folding-Metal-Crate/dp/B018YCU2CQ/ref=sr_1_2_sspa?ie=UTF8&qid=1531583283&sr=8-2-spons&keywords=22%2Bx%2B30%2Bdog%2Bcrate&th=1)

Front pull harness:

[https://www.amazon.com/gp/product/B01MA58881/ref=oh\\_aui\\_search\\_detailpage?ie=UTF8&psc=1](https://www.amazon.com/gp/product/B01MA58881/ref=oh_aui_search_detailpage?ie=UTF8&psc=1)

Highly recommended dog/training book: Make sure you read chapters 1-3 at a minimum.

[https://www.amazon.com/How-Behave-Your-Dog-Behaves/dp/0793806445/ref=sr\\_1\\_1?s=books&ie=UTF8&qid=1531583418&sr=1-1&keywords=sophia+yin](https://www.amazon.com/How-Behave-Your-Dog-Behaves/dp/0793806445/ref=sr_1_1?s=books&ie=UTF8&qid=1531583418&sr=1-1&keywords=sophia+yin)

Dog treat bag:

[https://www.amazon.com/Paw-Lifestyles-Treat-Training-Built/dp/B01DN07JUM/ref=sr\\_1\\_1\\_sspa?s=pet-supplies&ie=UTF8&qid=1531583851&sr=1-1-spons&keywords=dog+treat+bag&psc=1](https://www.amazon.com/Paw-Lifestyles-Treat-Training-Built/dp/B01DN07JUM/ref=sr_1_1_sspa?s=pet-supplies&ie=UTF8&qid=1531583851&sr=1-1-spons&keywords=dog+treat+bag&psc=1)

Treats: Your puppy liked these, but try other things as well – especially real food like cheese and cooked chicken.

<https://www.chewy.com/ziwi-peak-air-dried-mackerel-lamb-dog/dp/141866>

Bully sticks for crate:

[https://www.amazon.com/Best-Bully-Sticks-Premium-6-inch/dp/B013TKCZZK/ref=sr\\_1\\_14\\_sspa?s=pet-supplies&ie=UTF8&qid=1531583971&sr=1-14-spons&keywords=bully+sticks&psc=1](https://www.amazon.com/Best-Bully-Sticks-Premium-6-inch/dp/B013TKCZZK/ref=sr_1_14_sspa?s=pet-supplies&ie=UTF8&qid=1531583971&sr=1-14-spons&keywords=bully+sticks&psc=1)

Kong toy for crate (to be filled with treats)

[https://www.amazon.com/KONG-PW2-Wobbler-Small/dp/B004NSVIRY/ref=sr\\_1\\_10?s=pet-supplies&ie=UTF8&qid=1531584060&sr=1-10&keywords=kong](https://www.amazon.com/KONG-PW2-Wobbler-Small/dp/B004NSVIRY/ref=sr_1_10?s=pet-supplies&ie=UTF8&qid=1531584060&sr=1-10&keywords=kong)

Toys for Xpen:

[https://www.amazon.com/Pet-Zone-Treat-Ball-3-Inch/dp/B00OZOQN3U/ref=sr\\_1\\_10?s=pet-supplies&ie=UTF8&qid=1531584186&sr=1-10&keywords=dog+toys+with+treats+inside](https://www.amazon.com/Pet-Zone-Treat-Ball-3-Inch/dp/B00OZOQN3U/ref=sr_1_10?s=pet-supplies&ie=UTF8&qid=1531584186&sr=1-10&keywords=dog+toys+with+treats+inside)

[https://www.amazon.com/StarMark-Bob-Lot-Interactive-Small/dp/B003YHB8EI/ref=pd\\_sim\\_199\\_5?encoding=UTF8&pd\\_rd\\_i=B003YHB8EI&pd\\_rd\\_r=aa4d77b6-877f-11e8-8ef3-63b7862c0680&pd\\_rd\\_w=fZdvM&pd\\_rd\\_wg=bt0l6&pf\\_rd\\_i=desktop-dp-sims&pf\\_rd\\_m=ATVPDKIKX0DER&pf\\_rd\\_p=7967298517161621930&pf\\_rd\\_r=V1W59DAAXE7ARP3ZYJSG&pf\\_rd\\_s=desktop-dp-sims&pf\\_rd\\_t=40701&psc=1&refRID=V1W59DAAXE7ARP3ZYJSG](https://www.amazon.com/StarMark-Bob-Lot-Interactive-Small/dp/B003YHB8EI/ref=pd_sim_199_5?encoding=UTF8&pd_rd_i=B003YHB8EI&pd_rd_r=aa4d77b6-877f-11e8-8ef3-63b7862c0680&pd_rd_w=fZdvM&pd_rd_wg=bt0l6&pf_rd_i=desktop-dp-sims&pf_rd_m=ATVPDKIKX0DER&pf_rd_p=7967298517161621930&pf_rd_r=V1W59DAAXE7ARP3ZYJSG&pf_rd_s=desktop-dp-sims&pf_rd_t=40701&psc=1&refRID=V1W59DAAXE7ARP3ZYJSG)

Snuffle matt for crate:

<https://www.etsy.com/listing/247178407/dog-snuffle-mat-treat-puzzle-large>

15-foot Long line to practice recalls:

[https://www.amazon.com/Hi-Kiss-Obedience-Training-Agility/dp/B072179QCZ/ref=sr\\_1\\_1\\_sspa?\\_\\_mk\\_us=en&s=pet-supplies&ie=UTF8&qid=1531584617&sr=1-1-spons&keywords=long+line+dog+leash&psc=1](https://www.amazon.com/Hi-Kiss-Obedience-Training-Agility/dp/B072179QCZ/ref=sr_1_1_sspa?__mk_us=en&s=pet-supplies&ie=UTF8&qid=1531584617&sr=1-1-spons&keywords=long+line+dog+leash&psc=1)

Calming music for crate (or you can stream it for free with AmazonPrime):

[https://www.amazon.com/Through-Dogs-Ear-Canine-Companion/dp/1591796423/ref=pd\\_bxgy\\_img\\_2?encoding=UTF8&pd\\_rd\\_i=1591796423&pd\\_rd\\_r=e78f6d08-8780-11e8-8bbd-f3f1ca6ad2c0&pd\\_rd\\_w=LGj0a&pd\\_rd\\_wg=BDVOU&pf\\_rd\\_i=desktop-dp-sims&pf\\_rd\\_m=ATVPDKIKX0DER&pf\\_rd\\_p=3914568618330124508&pf\\_rd\\_r=8782B6W89FK3CMW08C10&pf\\_rd\\_s=desktop-dp-sims&pf\\_rd\\_t=40701&psc=1&refRID=8782B6W89FK3CMW08C10](https://www.amazon.com/Through-Dogs-Ear-Canine-Companion/dp/1591796423/ref=pd_bxgy_img_2?encoding=UTF8&pd_rd_i=1591796423&pd_rd_r=e78f6d08-8780-11e8-8bbd-f3f1ca6ad2c0&pd_rd_w=LGj0a&pd_rd_wg=BDVOU&pf_rd_i=desktop-dp-sims&pf_rd_m=ATVPDKIKX0DER&pf_rd_p=3914568618330124508&pf_rd_r=8782B6W89FK3CMW08C10&pf_rd_s=desktop-dp-sims&pf_rd_t=40701&psc=1&refRID=8782B6W89FK3CMW08C10)

Calming Spray for crate:

[https://www.amazon.com/ThunderEase-Dog-Calming-Pheromone-Spray/dp/B071XD93L4/ref=sr\\_1\\_1\\_sspa?\\_\\_mk\\_us=en&s=pet-supplies&ie=UTF8&qid=1531584885&sr=1-1-spons&keywords=calming+spray+for+dogs&psc=1](https://www.amazon.com/ThunderEase-Dog-Calming-Pheromone-Spray/dp/B071XD93L4/ref=sr_1_1_sspa?__mk_us=en&s=pet-supplies&ie=UTF8&qid=1531584885&sr=1-1-spons&keywords=calming+spray+for+dogs&psc=1)

Double-sided tape to prevent jumping on counters:

[https://www.amazon.com/gp/product/B01LYCHQ88/ref=oh\\_aui\\_detailpage\\_o06\\_s00?ie=UTF8&psc=1](https://www.amazon.com/gp/product/B01LYCHQ88/ref=oh_aui_detailpage_o06_s00?ie=UTF8&psc=1)